



RECOVERY ORIENTED INTAKE: LEARNING TOGETHER

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INTRODUCTION



Lived experience



CONTENT

Recovery as principle of
community mental health

Recovery as a learning
process

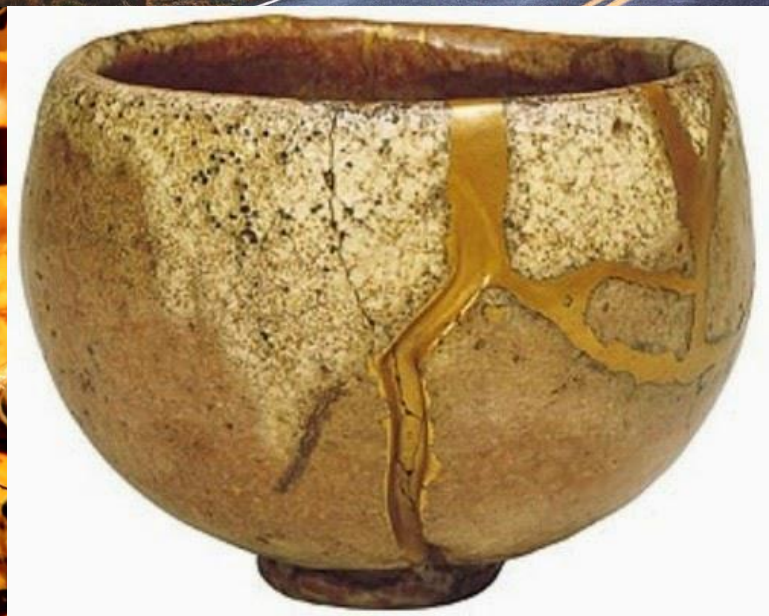
Recovery oriented intake

Asylums

Essays on the social situation of mental patients and other inmates

ERVING GOFFMAN

with a new introduction by William B. Helmreich



A photograph of a winding asphalt road through a dry, hilly landscape. The road curves through the foreground and into the distance, following the contours of the hills. The vegetation is sparse and dry, with yellowish-brown grasses and shrubs. The sky is a pale, clear blue. Overlaid on the image is the text 'YOUR RECOVERY JOURNEY' in large, bold, blue and white letters. The word 'YOUR' is in solid blue, 'RECOVERY' is in white with a blue outline, and 'JOURNEY' is in solid blue.

YOUR

RECOVERY

JOURNEY

Recovery



Symptoms

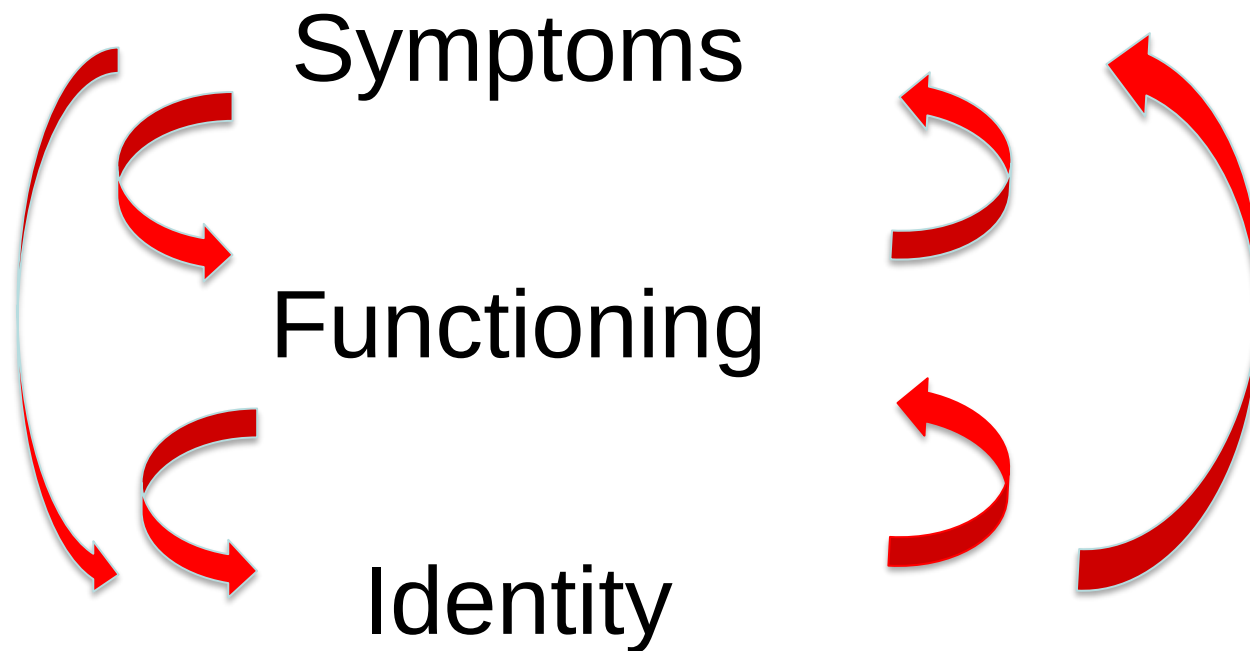


Functioning



Identity

Recovery



Recovery



Goals
Strengths
Talents

Go from what's wrong to what's strong

The learning era

Old quality

Trust me, I am the the doctor



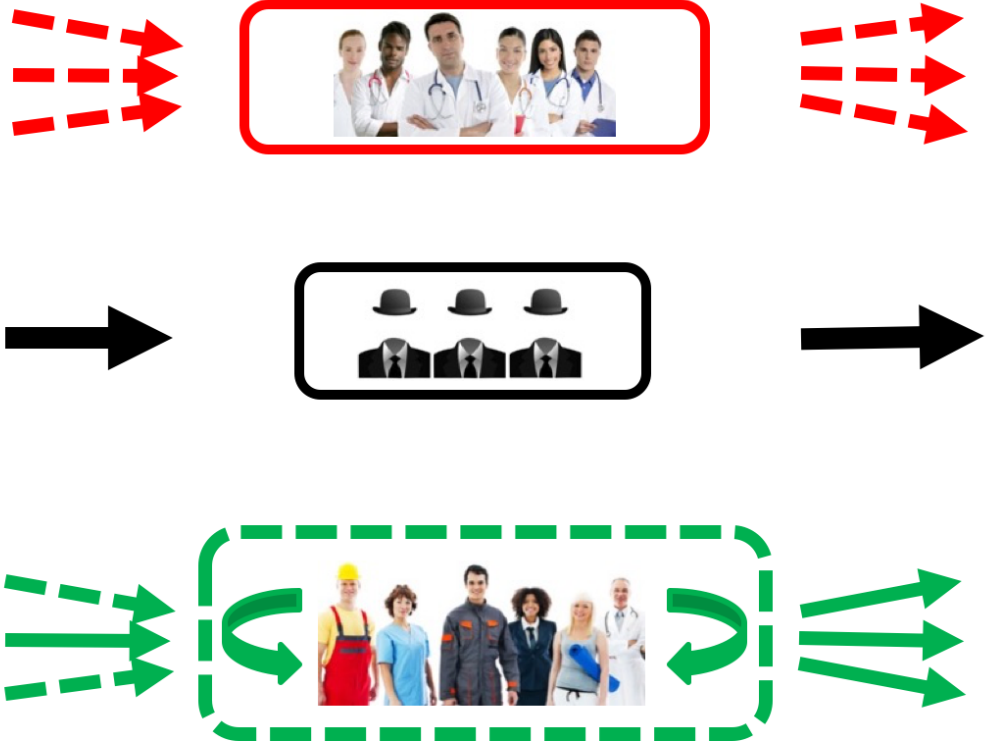
Current quality

Trust me, I have the numbers



New quality

Trust me, I want to learn together



RECOVERY AS A LEARNING PROCESS

Language

Self regulation

Crisis



Experiences of Clients and Professionals with the Recovery Oriented Intake

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Abstract

The Recovery Oriented Intake (ROI) integrates recovery principles from the start of treatment, and involves peer experts, unlike the intake as usual (IAU). This study compared experiences with ROI and IAU among 127 clients and 391 professionals, consisting of practitioners and peer experts. Intake's quality, measured with questionnaires, showed no differences in experiences between ROI and IAU clients. However, practitioners experienced ROI as more recovery-oriented than IAU. The ROI Fidelity Check (RFC) revealed that clients' RFC-scores, but not practitioners', predicted their valuation of intake's quality. This underscores the need for (re)training and peer supervision for professionals to ensure adherence to ROI's principles. Discrepancies between clients' and professionals' experiences at the start of treatment are consistent with literature on working alliance and Shared Decision Making (SDM). Differences between ROI and IAU professionals may stem from heightened awareness of recovery principles due to training and the presence of peer experts during intake.

Keywords Recovery · Recovery Oriented Intake · Peer Experts · Mental Health



3 PROFESSIONALS



1 Lead
Psychiatrist/
Psychologist/Nurse
practioner



2. Coordinator: nurse,
psychologist, social
worker



3 Peer expert: expert
by lived experience

5 principles

1. Positive health
2. Recovery
3. Personal diagnosis
4. Motivational interviewing
5. Supported Decision making

4 key questions

What happened?

Where do you
want to go?

What are your
strengths
and vulnerabilities?

What do you need
and from whom?

Peer support in and outside of prisons

Learning from each other webinar series

20 November 2024

19:00 - 20:30 CET

Zoom Online Webinar



SUMMARY

Recovery as principle of community mental health

Recovery as a learning process

Recovery oriented intake

EUCOMS



The European Community based Mental
Health Service Providers Network

www.eucoms.net

THANK YOU

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